

# Reynolds Recreation Center

## Indoor Soccer Rules

### Equipment

- Kids will receive t-shirts as team jersey by the first game. A goalie jersey will distinguish the goalkeeper from the other players and will be supplied by the Recreation Center and must be turned in at the end of the year.
- Protective shin guards are required by each player on the team. Failure to wear shin guards will result in no playing time. Mouth guards are highly recommended during practice and game times.
- Molded rubber-soled shoes are to be worn; i.e. tennis shoes, basketball shoes, indoor soccer shoes are acceptable. No open toed or heeled shoes, boots, sandals or cleats will be allowed.
- No gum is allowed on the gym floor. Please discard prior to the game.
- No jewelry is allowed i.e. earrings, bracelets, rings, watches.
- No hard or unyielding casts, braces etc. Will be allowed.
- Balls will be provided for games and may be checked out at the front desk on practice days.

### Game Play

- Captains will meet at the center of the court prior to the start of the game for a coin toss to determine who gets the ball first. Alternating possession will be given at the start of each quarter/half. Teams will change ends at half time.
- The kickoff will be at center court with two offensive players (only) in the circle.
  - The player who kicks off may not touch the ball again until another player touches it.
  - A restart will be declared should problems arise.
  - A goal cannot be scored directly from a kickoff; it must be passed once first.
- The goalkeeper may use hands only in his/her penalty area. The penalty area will be marked by with tape on the floor around the goal.
- If the ball for any reasons gets lodged in a structure above the gym floor or is kicked on to the track above the playing surface, the ball will be played as a throw in from out of bounds from the spot where the ball was stuck by the opposing team.
- No Slide Tackling is allowed. Player will be warned once and a penalty kick will be awarded on a second infraction.

### Substitutions

- Substitutions can be made on the fly at any time in the game.

## Stands

- The bleachers are in play. Spectators are not a part of the game. Spectators are asked to just stop the ball and allow the players to continue. If a spectator, in an attempt to put the ball back in play, throws the ball in such a manner to give one team or the other a clear advantage, a foul will be called. The game will be restarted with a free kick at the point where the foul occurred. Please help the referees and players keep the ball on the playing field.

## Game times

- PK & K - 4 six-minute quarters, 2 minute half, 1 minute between quarters.
- 1<sup>st</sup> grade - 4 seven-minute quarters, 2 minute half, 1 minute between quarters
- 2<sup>nd</sup>-3<sup>rd</sup> - 4 eight minute quarters, 2 minute half, 1 minute between quarters
- Each team will receive one 30 seconds time outs per half
- Clock will remain running at all times unless an injury or a time out is called

## Information

### Ball size

- PK, K and 1<sup>st</sup> Size 4
- 2<sup>nd</sup> and 3<sup>rd</sup> Size 5

### Field positions

- PK, K and 1<sup>st</sup> will play 4 X 4. A goalie may or may not be used
- 2<sup>nd</sup> and 3<sup>rd</sup> will play 6 X 6. A goalie may or may not be used.

### Offsides

- Offsides will be called if blatant i.e. camping out in front of the goal.

### Throw-Ins

- No extra throw-ins. Ball will change possession. (both feet must remain on the ground)

### Fouls

- Fouls include but are not limited to the following: tripping, pushing, striking another player, attempting to strike another player, kicking, holding, hand balls, charging dangerously from behind, obstruction, illegal substitutions and infractions by coaches and spectators. All fouls will result in a free kick.

### Free Kicks

- All free kicks are just that, free kicks. Defenses or players can set up a wall 10-foot from the free kick spot.

### Misconduct

- Every player, coach and spectator is expected to set a positive example in good sportsmanship. Any player, coach or spectator having non-sportsmanlike conduct, arguing with the referee, deliberate fouls, constant breaking of the rules, violent conduct such as intentional striking, foul language, gesturing or tripping from behind may result in an ejection.